



# The Bird in Hand

## Example Main Menu

### Starters

**Warm Bread Basket** 4.5 **Garlic Bread** 5 **Mixed Olives** 4

**Soup of the Day** 7.5 with freshly baked bread

**Stilton Mushrooms** 8.95 bound in a creamy wild mushroom sauce

**Avocado and Crab Salad** 9.95 Thousand Island dressing

**Duck Pâté** 9.5 made with foie gras, served with warm bread & an apricot & ginger chutney

**Thai Prawns & Mussels** 9.5 Thai spices, coconut cream & a French stick

**Goat's Cheese & Beetroot Salad** 8.95 with a walnut oil dressing

### Mains

**28 Day Aged Sirloin Steak** 23.5

**28 Day Aged Fillet Steak** 29.5

served with either cream of peppercorn sauce, red wine sauce, blue cheese sauce, garlic butter or plain.  
served with roasted tomato, mushroom, onion rings, chunky chips and salad

**Corn-fed Chicken** 17.95 cream of smoked bacon & mushroom sauce, P&V

**Braised Lamb Shoulder** 22.95 mash, honey, thyme & redcurrant sauce & veg

**Lamb's Liver & Bacon** 17.95 mash, cream of rosemary sauce & vegetables

**Turkey & Ham Pie** 17.95 with smoked paprika chips & vegetables

**Goan Cauliflower & Chickpea Curry** 17.95 pilau rice & flat bread

**Chicken, Bacon & Parmesan Salad** 17.95 with our own house dressing

**Fisherman Pie** 17.95 hake, plaice, prawns, & mussels topped with mash & peas

**Aged Steak Beef Burger, Bacon & Cheese** 15.95 fries & slaw salad

**Fresh Market Fish from Cornwall** please see today's blackboard

### Sides 4.5

Fat chips    Skinny fries    Today's potato    Crunchy slaw salad

Leaf salad    Seasonal greens

P&V = Potatoes and Vegetables